

**Shirokane Clinic**

1-28-9 Shirokane, Minato-ku  
Tel: 03-3441-7789  
www.manomedita.com

Shannon Lodge, Australia-trained, with extensive clinical experience in chiropractic and herbal medicine.

**Neuromuscular Massage****Neuromuscular Therapy**

5-18-19 Roppongi, Minato-ku  
Tel: 03-3584-7670  
www.nmtherapy.com

Hiroko Yanagida

"The one to see for any back, muscular, alignment or stress issues! She is great at reversing the effects of very active lifestyles!"

**Neurosurgery****Kitami Central Hospital**

Department of Neurosurgery  
Tel: 0157-24-3100  
Fax: 0157-61-5953  
Dr. Nakano

**Orthopedics****Kanto Rosai Hospital**

1-1 Kizuki Sumiyoshi-cho, Nakahara-ku  
Kawasaki, Kanagawa  
Tel: 044-411-3131  
Fax: 044-433-3150

E-mail: [hiroshiiwaso@pep.ne.jp](mailto:hiroshiiwaso@pep.ne.jp)  
[www.kantoh.rofuku.go.jp/english/index\\_e.html](http://www.kantoh.rofuku.go.jp/english/index_e.html)

Dr. Hiroshi Iwaso, Orthopedic Sports Surgery, Assistant Chief Surgeon.

**Tokyo British Clinic**

Tel: 03-5458-6099  
For more on this clinic, see "General Medical Clinics."

**Tokyo Medical and Surgical Clinic**

Tel: 03-3436-3028  
www.k-kumano.com  
Dr. Kiyoshi Kumano, Orthopedic Surgeon.  
For more on this clinic, see "General Medical Clinics."

**University of Waseda, Faculty of Sports Sciences**

3-579-15 Mikajima, Tokorozawa, Saitama  
Tel: 042-947-6853  
E-mail: [fukubayashi@waseda.jp](mailto:fukubayashi@waseda.jp)  
Dr. Toru Fukubayashi

**Yasuoka Clinic**

2-14-8 Kichijoji Honcho, Mushino-shi  
Tel: 042-220-2010  
Access: JR Chuo or Keio Inokashira line, Kichijoji station.  
Clinic specializes in orthopedics and physical therapy.

**Dr. Masayuki Yoshida**

2-14-19 Okino Building 1F, Minami Azabu, Minato-ku  
Tel: 03-3441-1178

Access: The office is on Meiji Dori between the Motorola Building and the temple. There is parking in front.

"Dr. Yoshida saw my son after he broke his arm in the States over Christmas. The clinic is clean and well ordered, with an X-ray machine right in the office. He also has a physical therapy unit attached to his office."

**Plastic Surgery****Daikanyama Clinic**

1-10-2 Ebisu Minami 4F, Shibuya-ku  
Tel: 03-3760-6800  
<http://daikanyama-clinic.jp/english.htm>

Dr. Shu is known for his work with children who have suffered severe burns.

**Physiotherapy****Tokyo Physio**

#104 Atrium Shirokane  
5-12-27-104 Shirokane, Minato-ku  
Tel: 03-3443-6769  
www.tokyophysio.com

In addition to physiotherapy, Bevan and Vanessa Colless offer prenatal and postnatal exercise classes.

**Dentists and Orthodontists**

(An asterisk (\*) indicates that the office has an orthodontist.)

**Arisugawa Parkside Dental Office**

Arisugawa Residence, Suite B-104  
5-14-1 Minami Azabu, Minato-ku  
Tel: 03-5475-3312  
Access: Close to Arisugawa Park; Hibiya line, Hiroo station, exit 1.

Dr. Akio Kojima

Comprehensive dental care and excellent teeth cleaning services provided.

**Eto Dental Office\***

6-5-1 Nishi Shinjuku, Shinjuku-ku  
Tel: 03-5323-4288  
Dr. Kazuyuki Eto, Oral surgery  
Dr. Kuniaki Miyajima, Orthodontics

**Hillside View Orthodontic Office\***

1-1-5 Kami-meguro 10F, Meguro-ku  
Tel: 03-3710-7447  
www.hillsideview.com/eng/us1\_co.html  
Dr. Kazumi Ikeda

**John and Maori Kaku, DDS, MSD\***

5-9-23 Hiroo, Shibuya-ku  
Tel: 03-5449-3308